



Ford Judo Club

Welcome letter



DEAR MEMBER

On behalf of the Ford Judo Club, I would like to welcome you to the club and provide you with some information.

The club provides opportunities for children and adults of all ages and abilities to receive coaching in Judo. All training is by qualified British Judo Association (BJA) coaches, DBS checked and holding First Aid and Child Protection certificate

All club coaches and officers offer their time free of charge, which enables us to keep our fees low.

We welcome parents/carers of younger members to all training sessions and value your support. It should be noted that the club cannot be responsible for children outside of the dojo.

We ask that members arrive in good time to start the training session, with a few minutes allowed for changing. For health and safety reasons, members should not come to the club wearing their Judogi; rooms are provided for changing upon arrival.

GETTING STARTED

New starters are always welcome, all we ask is that you complete some contact details and inform us of any medical conditions that the coaches should be aware of. Children under 12yrs must have a parent or guardian remain within the centre for the duration of their session.

We will lend you a judo jacket and belt each session for the first four weeks, all you need is a t-shirt and tracksuit bottoms or leggings (no zips or shorts) - you should also bring some flip flops and a full water bottle. If you decide to continue with judo you will need to purchase your own judo uniform, which we sell at reduced prices for members

GRADING

The British Judo Association has a technical grading system (up to brown belt) allowing participants to progress through the ranks, within their club, this way that the next goal is always achievable. Ford Judo Club holds regular grading examinations and players are encouraged to grade on average once every six months.

BRITISH JUDO ASSOCIATION MEMBERSHIP

As a new starter the club's insurance will cover you for four trial sessions. After your trial period you are required to join the British Judo Association, your BJA membership provides you with personal insurance, access to competitions and gradings, newsletters and access to the online membership portal, The Dojo.

You can apply for BJA membership online at: www.britishjudo.org.uk

If at any time you would like any further information, have any concerns or would like to help with the club, the coaches and committee members will be happy to help.



Ford Judo Club



Ford Judo Club Information on Mat fees

Classes - Monday & Thursday

- You Can Train One or twice per week, on a Monday or Thursday or both.
18:00-18:45 5 to 10 yrs.
- 19:00-20:00 11 to 16 yrs.
20:00-21:15 +16 yrs. and Senior

2021 Mat Fees

- **You Can pay as you throw or pay Monthly by direct debt which reduces Mat fees by 30%**

Junior club members (5 / 18 yrs. or in full time education)

Pay as you throw - £5.00 (per session)

Pay monthly Juniors (Direct Debit Only)

£17.00 for 1 session per week

£28.00 for 2 session per week

Senior club members

Pay as you throw - £5.50

Pay monthly seniors (Direct Debit Only)

£18.00 for 1 session per week

£30.00 for 2 session per week

Family club Membership 3 or family members

Pay monthly (Direct Debit Only)

£40.00 for 1 session per week

£68.00 for 2 session per week

Direct Debts

Ford Judo club recognises that paying monthly by direct debt would suit some people, but not everyone. In recognition of your commitment to ford judo club, pay monthly fees will be discounted by approximately 30%. In addition we recognise that Judo can be quite expensive for families of 3 or more. For that reason, we have introduced a special family rate for club members with 3 or more family members living in the same household. A family with 2 children and 1 adult will save approximately 35% over our pay as you go mat fees.

WE Manage the direct Debt payments through our Club Management App CoachA, which uses Go cardless for the direct debt sign up.

Direct Debt sign up

- Payments go from the 1st of the month
- Just request you want to pay monthly
- We'll send you an email, with a link, you input the necessary information into go-Cardless, creating the direct debt mandate.

Judo Gi's

We have Judo Gi's for sale at the club at discounted prices.



Ford Judo Club

Welcome letter



General

Members of the club agree that they will:

- a) Allow their personal data, held by the club in accordance with the Data Protection Act, to be used:
 - I. to facilitate the management of the club
 - II. to facilitate the protection of young persons
- b) To pay membership subscription fees to the club Treasurer by the date they are due. Where subscription fees are not paid within a month of the due date, the player's membership will lapse.
- c) Abide by the decisions of the Committee and announcements made at the AGM.
- d) Seek to uphold the spirit of Judo and where able will advance the aims of the club.
- e) Provide an emergency contact and medical information, which they will update it if at any time this information changes.
- f) Consider the health and safety of others at all times, reporting any risks, concerns or issues to the coaching staff or club officers at the earliest opportunity.
- g) respect opponents
- h) Encourage club members to value their performances and not just results
- i) Members must ensure that their Club & BJA memberships are valid, in-date and renewed annually
- j) Be aware of The Club's current fire safety, evacuation, emergency and Health & Safety procedures and have access to emergency contact details at all training sessions.

Training

Members of the club agree that they will:

- k) Be clean and have trim fingernails and toenails
- l) Bow upon entering and leaving both the dojo and the mat.
- m) Respect other players and officials of the club.
- n) Abide by the rules of the club, listen to and follow the instruction from coaches, and be ready to learn.
- o) Arrive on time for training.
- p) Dress appropriately (the traditional Judogi is preferred at all times whilst training), with all jewellery removed.
 - I. Female members should wear a plain white T-shirt under their Judogi top;
 - II. Long hair must be tied back
- q) Wear appropriate footwear to and from the mat
- r) Ask the coach leading the training session before leaving the mat during training sessions.
- s) Pay training fees promptly.
- t) Obtain permission from the session coach before leaving the dojo for any reason - including a visit to the toilets.
- u) Not be under the influence of alcohol or drugs whilst in the dojo.
- v) No child under the age of 12 yrs. can be left without a responsible adult present for the duration of the session.
- w) Tournament entry fees must be paid prior to the club sending off the entry form.

New Starters

- x) The first lesson is free.
- y) After 4 trial lessons, New Starters are required to join the British Judo Association; BJA membership provides individual's insurance.

Ford judo club Executive Committee

Chairman:	Mark Staddon
Secretary:	Elizabeth Kavanagh
Treasurer:	mike Kavanagh
Child Welfare Officer:	Steve Kennedy
Head coach:	Mike Allen
Volunteer coordinator:	Karen Staddon
Membership Secretary:	Paula cliff / Amy
Publicity Officer:	Steve Kennedy

Ford Judo club coaches

Mike Allen	3 rd Dan
Mark Staddon	2 nd Dan
John Debono	5 th Dan
Matthew Kavanagh	3 rd Dan
Mark Cliff	1 st Dan
Jason AILEY	3 rd Dan

Ford Judo Club contact details

The pavilion
Westland Playing Fields
London Road
Romford
Essex
Postcode: RM7 9NU

Tel: 07970 761641
Club Number: 297

Email: fordjudoclub@hotmail.com
Web: www.fordjudoclub.org
Facebook : www.facebook.com/ford.judoclub

British Judo Association: <http://www.britishjudo.org.uk/home/index.php>

Ford Judo Club Web Site

The club web site has all the latest club news, events and results, plus loaded of information on club events, grading. There's links to the BJA web site for licence renewals, results and calendar of events.

WWW.FORDJUDOCLUB.ORG

BRITISH JUDO ASSOCIATION MEMBERSHIP

Ford Judo Centre is affiliated to the British Judo Association (BJA), the governing body for Judo in the country. Our BJA membership number is 297

All members of Ford Judo Club and visiting Judoka are required to have an in-date licence in order to take part in the sessions. You are required to have a licence so that you are then covered by the clubs and the BJA's insurance.

BRITISH JUDO ASSOCIATION MEMBERSHIP

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- BJA Judo Kids Membership (5-7 years) - 12-month term, valid for all under 8 activities, including training, sho gradings and festivals.
- BJA Full Membership; Adult, Student or Junior (8-15yrs) - 12- or 24-month term, valid for all activities, including training, grading, competing and coaching.
- BJA Recreational Membership - 12-month term, valid for training activities only, we do not recommend this option as you will not be able to grade or compete.
- BJA Free Introductory Membership - 90 days Free introductory licence non-renewable.

Use the following information when completing your BJA membership application/renewal:

- Club: Ford Judo Club
- County: Essex
- Area: Northern Home Counties (NHC)
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Creating a NEW BJA Family Membership or if you have multiple children

If you are creating a profile for your child/children who is under 18 years old, you must first create yourself a Parent/Guardian account. **To do this, please follow the steps below:**

1. Complete Steps 1-4 as detailed under "How to join British Judo as a NEW Member".
2. Upon selecting the "Membership Type", select "Parent/Guardian" (This is free of charge if you are not a participating adult in the sport. If you wish to register for a membership for yourself as well, select "Full Membership - Adult"
3. Complete the payment processes (If you register as a Parent/Guardian, you will not be charged).

To add additional child members to your account:

1. Look at the black drop-down menu on the left-hand side of your screen.
2. Click on "Memberships", "Additional Memberships" and then "Add Member".
3. Add the details of the child that you would like to combine into your account and complete the payment at the bottom of the page.
4. If you have another child to add, repeat steps 1-3 above.

Following this, you will now be able to manage all accounts through your single log in.

- TIP: Head over to "Memberships", "Additional Memberships" and "List Members" to see all members associated to your account. Click on Renew Memberships to renew each of the memberships when you need to.
- If there is a child account not linked to yours that should be, please contact thedojo@britishjudo.org.uk





Ford Judo Club

Official use only

