



Ford Judo Club

Welcome letter



Dear member,

On behalf of the Ford Judo Club I would like to welcome you to the club and provide you with some information.

The club provides opportunities for children and adults of all ages and abilities to receive coaching in Judo. All training is by qualified British Judo Association (BJA) coaches who have been screened for their suitability for working with young people.

All club coaches and officers offer their time free of charge, which enables us to keep our fees low.

We welcome parents/carers of younger members to all training sessions and value your support. It should be noted that the club cannot be responsible for children outside of the dojo. To operate safely, we require you to complete a personal information form detailing emergency contacts, plus details of any medical/allergy issues for each child.

As a contact sport, it is important that we have rules for everyone's safety. Please take a moment to read the attached Club Rules. If your child is the member, please read them to your child, as we find that an explanation and reinforcement from a parental greatly assists our coaches and settles the children into the club more quickly.

We ask that members arrive in good time to start the training session, with a few minutes allowed for changing. For health and safety reasons, members should not come to the club wearing their Judogi; rooms are provided for changing upon arrival.

Our Club Welfare Officers are DBS checked and regularly attend NSPCC Time to listen and scUK Safeguarding & Protecting Children courses.

The club's CWO's is your first point of contact if you have any concerns relating to safeguarding. For more information on the role of the CWO please visit the BJA Club Welfare Officer Webpage.

Ford Club Welfare Officers is Steve Kennedy

Head Coach Mike Allen

If at any time you would like any further information, have any concerns or would like to help with the club, the coaches and committee members will be happy to help.

Yours sincerely,

Ford judo Club executive committee



Ford Judo Club



Polices & Procedures

General

Members of the club agree that they will:

- a) Allow their personal data, held by the club in accordance with the Data Protection Act, to be used:
 - I. to facilitate the management of the club
 - II. to facilitate the protection of young persons
- b) To pay membership subscription fees to the club Treasurer by the date they are due. Where subscription fees are not paid within a month of the due date, the player's membership will lapse.
- c) Abide by the decisions of the Committee and announcements made at the AGM.
- d) Seek to uphold the spirit of Judo and where able will advance the aims of the club.
- e) Provide an emergency contact and medical information, which they will update it if at any time this information changes.
- f) Consider the health and safety of others at all times, reporting any risks, concerns or issues to the coaching staff or club officers at the earliest opportunity.
- g) respect opponents
- h) Encourage club members to value their performances and not just results
- i) Members must ensure that their Club & BJA memberships are valid, in-date and renewed annually
- j) Be aware of The Club's current fire safety, evacuation, emergency and Health & Safety procedures and have access to emergency contact details at all training sessions.

Training

Members of the club agree that they will:

- k) Be clean and have trim fingernails and toenails
- l) Bow upon entering and leaving both the dojo and the mat.
- m) Respect other players and officials of the club.
- n) Abide by the rules of the club, listen to and follow the instruction from coaches, and be ready to learn.
- o) Arrive on time for training.
- p) Dress appropriately (the traditional Judogi is preferred at all times whilst training), with all jewellery removed.
 - I. Female members should wear a plain white T-shirt under their Judogi top;
 - II. Long hair must be tied back
- q) Wear appropriate footwear to and from the mat
- r) Ask the coach leading the training session before leaving the mat during training sessions.
- s) Pay training fees promptly.
- t) Obtain permission from the session coach before leaving the dojo for any reason - including a visit to the toilets.
- u) Not be under the influence of alcohol or drugs whilst in the dojo.
- v) No child under the age of 12 yrs. can be left without a responsible adult present for the duration of the session.
- w) Tournament entry fees must be paid prior to the club sending off the entry form.

All the clubs Polices & Procedures can be found on the club's website under club Info

<https://www.fordjudoclub.org/club-rules.html>



Ford Judo Club



2019 Club Membership

Ford Judo Club membership is currently free if you have Ford Judo Club in your BJA Licence.

Mat Fees

Junior club members (5 / 18yrs or in full time education)
Pay as you throw - £5.00 (per session)

Pay monthly Juniors (Direct Debit Only)

£17.00 for 1 session per week

£28.00 for 2 session per week

Juniors Non-members / visitors per session - £5.00

Senior club members

Pay as you throw - £5.50

Pay monthly Seniors (Direct Debit Only)

£18.00 for 1 session per week

£30.00 for 2 session per week

Seniors Non-members / visitors per session - £5.50

Family club Membership 3 or family members Pay monthly (Direct Debit Only)

£40.00 for 1 session per week

£68.00 for 2 session per week

New Starters

First lesson is free

After 4 lessons New Starters are also required to join the British Judo Association which provides Individual's insurance.

<https://www.britishjudo.org.uk/my-judo/membership/applyrenew-online/>

Classes

Monday

18:15-19:00 White & Red Belts, 5 to 10 yrs (Beginners)

19:00-20:00 Junior All Grades 11 to 16 yrs (Intermediate)

20:00-21:15 Green Belts & Above, +14 yrs and Senior

20:00-21:00 Senior theory class with John Debono Senior Examiner

Thursday

18:15-19:00 White & Red Belts, 5 to 10 yrs (Beginners)

19:00-20:00 Junior All Grades 11 to 16 yrs (Intermediate)

20:00-21:15 Green Belts & Above, +14 yrs and Senior

Ford Judo Club Web Site

The club web site has all the latest club news, events and results, plus loaded of information on club events, grading.

There's links to the BJA web site for licence renewals, results and calendar of events.

WWW.FORDJUDOCLUB.ORG



Ford Judo Club



Pay Monthly Direct Debt

Ford judo club recognises that paying monthly by direct debt would suit some people, but not everyone. In recognition of your commitment to ford judo club, pay monthly fees will be discounted by approximately 30%. In addition we recognise that judo can be quite expensive for families of 3 or more. For that reason, we have introduced a special family rate for club members with 3 or more family members living in the same household. A family with 2 children and 1 adult will save approximately 35% over our pay as you go mat fees.

Taking bank holidays, Christmas and summer Holidays into account were open for 48 weeks per year.

	Training twice per week Monthly Mat Fee	Training once per week Monthly Mat Fee
Junior	£28	£17
Senior	£30	£18
3 or more family members (from the same household)	£68	£40

Pay monthly Terms & Conditions

- Monthly training fees are due in advance, on or before the 2nd of each month
- For members paying monthly and only training once a week, days can be interchanged and additional "top-up" sessions can be added by paying the nightly Pay as you go Mat fee.
- please try to give the club prior notice when you wish to change or add sessions

We will be using go-cardless to manage our direct debts, (<https://gocardless.com/>)

- We create a customer account with your email address and name in go-cardless
- We'll send you an email, with a link to the go-cardless website
- You input the necessary information into go-cardless, creating the direct debt mandate



Ford Judo Club



Ford judo club Executive Committee

Chairman:	Mark Staddon
Secretary:	Elizabeth Kavanagh
Treasurer:	Mike Kavanagh
Child Welfare Officer:	Steve Kennedy
Head coach:	Mike Allen
Volunteer coordinator:	Karen Staddon
Membership Secretary:	Paula / Amy / Cat
Publicity Officer:	Steve Kennedy

Ford Judo club coaches

Mike Allen	3 rd Dan
Mark Staddon	2 nd Dan
John Debono	5 th Dan
Jason Ailey	4 th Dan
Matthew Kavanagh	3 rd Dan
Mark Cliff	1 st Dan
Hazel Powell	1 st Dan
James cliff	1 st Dan
Michelle Kennedy	1 st Dan

Ford Judo Club contact details

The pavilion
Westland Playing Fields
London Road
Romford
Essex
Postcode: RM7 9NX

Tel: 07970 761641
Club Number: 297

Email: fordjudoclub@hotmail.com
Web: www.fordjudoclub.org
Facebook : www.facebook.com/ford.judoclub

British Judo Association: <http://www.britishjudo.org.uk/home/index.php>

BJA contact Details

BRITISH JUDO ASSOCIATION

British Judo Association
Floor 1, Kudhail House,
238 Birmingham Road
Great Barr
B43 7AH
T: 0121 728 6920